

Three Temptations

The temptation of Jesus in the desert showcases the three kinds of temptation that the devil uses most often on human beings. These are the “lust of the flesh,” “the lust of the eyes,” and “the pride of life.” These temptations are described in 1 John 2:16: “Do not love the world or the things of the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world, sensual lust, enticement for the eyes, and a pretentious life, is not from the Father but is from the world” (1John 2:15-16).

After forty days of fasting in the desert, the devil knew that Jesus was very hungry. The devil also knew that Jesus had the power to turn the stone into bread. In the first temptation, the devil tempted Jesus to give up His fasting and to satisfy His physical hunger. The lust of the flesh appeals to man’s physical appetites and gratifications. It is an inordinate desire for sensual pleasure through food, drink or sex. The lust of the flesh includes gluttony, sexual immorality and disordered passions.

In the second temptation, the devil took Jesus up and showed Him all the kingdoms of the world in a single instant. The devil then said to Jesus, “I shall give to you all this power and their glory; for it has been handed over to me, and I may give it to whomever I wish. All this will be yours, if you worship me.” The devil tempted Jesus with everything the world had to give, with the condition that Jesus worships him. The lust of the eyes is an inordinate desire for the world’s goods, whether they be material goods like wealth and possessions, or immaterial goods like power and control. In Jesus’ case, this second temptation was more about Jesus taking control of His own destiny, while putting aside His obedience to the Father’s will.



In the third temptation, the devil tempted Jesus to test God by throwing Himself down from the parapet of the temple, for the Father will send His angels to guard Jesus, lest He dash His foot against a stone. The “pride of life” is expressed in egotism, self-importance, boasting, arrogance and the testing of God. The pride of life includes pride in our achievements and possessions. The opposite of “the pride of life” is humility.

Whenever we are faced with these three kinds of temptation, Jesus gives us three verses from the bible which we can use against them: For the lust of the flesh, “One does not live by bread alone.” (Luke 4:4, Dt 8:3) For the lust of the eyes, “You shall worship the Lord, your God, and him alone shall you serve.” (Luke 4:8, Dt 6:13) For the pride of life, “You shall not put the Lord, your God, to the test.” (Lk 4:12, Dt 6:16) Jesus underwent the temptation in the desert to demonstrate how we too can overcome these three most common temptations.

Fasting and Abstinence

Fridays during Lent are obligatory days of abstinence. The norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. Abstinence from meat are binding from age 14 onwards.



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PARISH ANNOUNCEMENTS

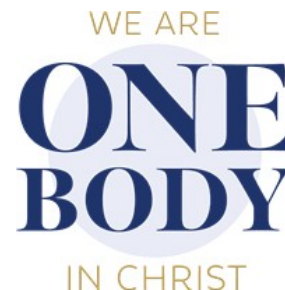
Attention children and parents: We will have Sunday School class today.



The liturgical schedule for Lent and Easter is now available. You can pick up a printed copy in the church foyer. During Lent, please join us in the Stations of the Cross in Chinese every Wednesday after the noon Mass and in English every Friday after the noon Mass.

The Archbishop's Annual Appeal for 2025 has begun. Our goal is \$3,600.

For your convenience, you can make your donations through our church. If you wish to donate through our church, please make sure your check is payable to HNOJ and write AAA in the memo. Please use the AAA envelopes provided. Thank you for your support.



Reserve the date: Due to the cancellation of the Eucharistic Congress of the Archdiocese of Atlanta this year, Holy Name of Jesus Chinese Catholic Church will hold a week-long Eucharistic Renewal event from June 18 to June 24, 2025. Our invited guests include Most Reverend John Lee Juo-wang, Bishop Emeritus of the diocese of Tainan, Taiwan and Fr. Francis Ching of the Companions of the Cross based in Toronto, Canada, as well as a Chinese band led by Mr. Jianren Zhu from Los Angeles. Come,

participate and make the most of that week with our special guests. They are coming to Atlanta especially for you, in order to inspire and deepen your devotion to the Eucharist!

Prayer List: Liu Guifang, Lydia Chen, Lu Shumi, David Wang, Chen Jianxin, Liang Chenjing and Xu Taicheng.

Mass Schedule	Confessions	Bible Study
Sundays 10:30 AM (Chinese)	Sundays 9:00-9:30 AM	Wednesdays 10:00 AM (Chinese)
Sundays 2:00 PM (English)	Tuesdays 2:00-3:00 PM	Mondays 6:00 PM (English)
	By Appointment	
Mondays 12:00 PM (English)		Eucharistic Adoration
Tuesdays 12:00 PM (English)	Anointing of the Sick	Sundays 9:30 AM to 12:00 PM
Wednesdays 12:00 PM (Chinese)	First Sundays after 10:30 AM Mass	Tuesdays 1:00 PM to 4:00 PM
Fridays 12:00 PM (English)		
First Friday 7:00 PM (English)		
First Saturday 10:00 AM (Chinese)		